

HOMEMADE PASTA

Season:

All year round

From the garden:

Type: Main or side dish

Difficulty: Easy

Country of origin: Italy

Serves: 6 serves or 30 tastes

Source: jamieoliver.com

Equipment

Ingredients

*bowl

*300 g flour (plain or highgrade)

*mixing spoon

*3 eggs

*salt

*kitchen scale

*rolling pin or pasta machine

*knife

*large cooking pot

*colander

Method

- 1.measure the flour and put it into a bowl
- 2.break the eggs into the flour and mix
- 3.if the dough seems very dry, add a little bit of water

- 4.dip the dough on a clean surface and knead till it is smooth and silky
- 5. place it back in the bowl and let it rest for 30 min.
- **6.** after the dough has rested, start rolling. If using a pasta machine, follow the machines instructions
- 7. if using a rolling pin, dust the surface with flour to prevent sticking
- 8. roll the dough into a little circle, fold it in half and roll again. Repeat that 5 or 6 times
- 9. now roll the dough as thin as possible, keep on dusting with flour to prevent sticking. It's easier to split the dough into 5 small portions instead of rolling it all at once
- 10. when the dough is thin enough, roll it up loosely and cut strips with a sharp knife, around 5mm wide
- 11. unroll them, dusting with flour and either hang them up to dry or keep them in a heap, covered with flour till cooking
- 12. bring water to the boil in a big pot, add 2 tsp of salt and cook the pasta for a minute or 2
- 13. drain and serve with your favorite sauce. Bon appetit

Notes: The pasta can be cut or shaped into many different pasta shapes, or a whole sheet can be used for lasagne.

Skills: measuring, mixing, kneading, rolling, cutting