

# LEEK, SILVERBEET & ROCKET PIZZA

Season: Winter / Spring

From the garden: Leek, silverbeet and rocket

Type: Main / snack

**Difficulty:** Medium

Country of origin: Italy

Serves: 8 adult serves or 30 tastes

Source: Adapted from Stephanie Alexander's "Kitchen Garden Cooking with

Kids" (Penguin Lantern 2006)

## Equipment

- Chopping board
- Chef's knife
- Small bowls
- Clean tea towel
- Frying pan
- Wooden spoon
- Large bowl
- Garlic press
- Grater or vegetable peeler
- Rolling pin
- Pizza trays
- Knife or spoon
- Spatula or fish slice

## Ingredients

- \* 1 leek
- \* Large handful of silverbeet leaves
- \* Rocket leaves as a garnish
- \* 2 Tbsp olive oil
- \* Salt and pepper to taste
- \* 1 garlic clove
- \* 50g parmesan cheese
- \* 1 quantity Basic Pizza Dough
- \* Plain flour for dusting
- \* Semolina flour for dusting (if using pizza stones)

#### Method

# Note that adult supervision is required where an asterisk (\*) is marked

- 1. Preheat the oven to 200 degrees C.
- 2. If using pizza stones, place them on a rack in the oven to get very hot.
- 3. Wash and thinly slice the leeks (use the white and the light green parts only). Set aside.
- 4. Wash and shred the silverbeet leaves into small pieces. Set aside.
- 5. Wash and gently dry the rocket leaves with a clean tea towel. Set aside.
- 6. Heat the frying pan to a low heat and add half the oil.
- 7. Saute the leeks until soft (about 5 minutes).

- 8. Add the silverbeet and salt and pepper to taste. Cook just enough to wilt the silverbeet and then take off the heat and set aside in a large bowl.
- 9. Mince the garlic and set aside.
- 10. Shave off thin slices of parmesan using either a grater (if it has a wide slicing option) or a vegetable peeler. Set aside.
- 11. Divide the pizza dough into two equal parts.
- 12. Scatter some flour on a clean workbench and roll each portion of dough into a thin pizza base about 25 cm in diameter

#### Method continued - if you are using pizza trays

- 1. Sprinkle flour on the trays then carefully lay the pizza bases on the trays.
- 2. Spread the minced garlic over the pizza bases using a knife or a spoon.
- 3. Arrange the leek and silverbeet mix on the pizzas.
- 4. Sprinkle most of the parmesan over the top, keeping some aside to serve.
- 5. Drizzle the pizzas with the last of the oil then place pizzas into the oven.

# Method continued - if you are using pizza stones

- 1. Sprinkle flour on the wooden peel (or an upside down baking tray). Semolina flour is best for this.
- 2. Carefully lay each pizza base on the floured peel or upside down baking tray using a spatula or fish slice.
- 3. Arrange the leek and silverbeet mix on the pizzas.
- 4. Sprinkle most of the parmesan over the top, keeping some aside to serve.
- 5. \*Carefully pull out the racks with the very hot pizza stones
- 6. Without touching them (**they are very hot!**), sprinkle semolina over the pizza stones. Shake the peel or baking tray and slide each pizza onto the stone.
- 7. Drizzle the pizzas with the last of the oil then slide the rack with the pizzas back into the oven

# To bake the pizzas

- 1. Bake the pizzas for 15 minutes or until the edges are very crisp and the cheese is bubbling.
- 2. To get a crispy base on a pizzas cooked in a tray, \*slide the pizza off the tray onto the oven rack for the last few minutes.
- 3. \*Remove pizzas from the oven.
- 4. Transfer pizzas to a serving/cutting board and slice so that there are enough pieces for everyone.
- 5. Add rocket leaves and extra parmesan to the pieces before serving.