

KOKAKO NEWS

OROPI SCHOOL NEWSLETTER TERM 1 WEEK 6



From The Principal

Thank you to the parents who were able to attend the Information Evening on Monday night. The purpose of the evening was to highlight plans for 2019. Here is a summary of points discussed.

Te Reo & Tikanga Maori

Improving knowledge of Waiata across the school, learning Pre-European history of our district, engaging more children in Kapa Haka.

Intercultural Education

Having a multicultural festival, celebrating all cultures represented in our school, provide material for parents who want to learn basic Mandarin and Te Reo Maori, children involved in humanitarian projects, learning about other cultures in schools overseas.

Digital Technologies and ICT

Ensuring a balanced amounts of screen-time – for a clear, specific purpose, 1:1 Chromebooks ok for Y 7 & 8 but not other year levels, using devices for: videoing project work, coding, making movies is valid, not games

New classrooms

These are to cater for current numbers and building needs, we still need: field, gully, green spaces optimised, and be able to expand astroturf court in future. Temporary 'housing' of classes in the new classrooms during Term 3 for the remainder of 2019, with 2020 being the year we have clusters of year groups located strategically.

Gully

This is a highly valuable resource in the school and the PTA will be supporting us in future proofing this resource and adding exciting play and adventure elements to it.

Garden-to-table

The shipping container kitchen project now has consent and is going ahead, enabling some kitchen facilities in some classrooms would be good (oven and microwave), ensuring all classes are part of this programme.

PTA

That this group is focused on Calf Club Day. They will also support with camps and gully fundraising

Music

We are focused on minimising cost. Music lessons and programme is valued by the community and carrying this on is important. This is now up and running for Term 1.

Student Achievement

This is our priority in the school. Each year, we decide on focus groups, depending on where the main numbers of learning needs are. For 2019 we have identified that our focus groups of students in the school are:

- Year 6&7 students in Reading and Writing
- 'After 3 years at school' cohort in Mathematics
- Well Being - Helping groups of children with aspects of behaviour to improve sense of well-being

A school-wide focus is to make greater use of Learning Stories to show progress and achievement. This is strongly embedded in our Junior School, and we wish to have our middle-senior school children more involved in this and creating their own learning stories as a form of self-assessment.

Other points to note:

In May we have the BoT Elections. There is an information booklet about being a BoT member which you can request from the office if you are interested in finding out more. Information will be sent out to community members closer to the time.

School donations for 2019 are targeted to specific areas - The gully project & Garden-to-table programme.

Andrew King

Principal

2019 Librarians



Introducing our 2019 Librarians.

Back Row: Hugo Broad, Mikayla MacDonald, Elsa Choi, Ella Ensor,

Front row: Chloe Burston, Naomi Baldo, Ayla Pretty, Kate Hodgson, Pono Taikato-Whau Whau, Shilo Green, and Iona Slater (Head Librarian).

Absent: Kyle Walters

School Swimming Sports

Senior School Update

Wow! We had so many children eager to showcase their swimming talents on Wednesday. With 115 heats to get through we are extremely proud of the way the children conducted themselves and showed Rangatiratanga. Ka mau te wehi koutou!

See further on for full results. Congratulations to the following students who have qualified for West Cluster on 20 March. Please note that this is also the day School finishes early for the union meeting. A teacher will be at this event and we will also require parent help to transport the group to the pool and supervise during the day. More information will come home next week.

Year 5 Girls

Alyssa Salmons
Vivy Gorrie
Lyla Courtney
Lily Smith

Year 6 Girls

Sophie Kilfoil
Portia Dawson
Sophia Greer
Kate Hodgson
Carleigh Flanigan

Year 5 Boys

Archie Montgomerie
Jai Henderson
Josh Smith
Levi Townley
Luca Pollard
Max McCawe

Year 6 Boys

Ben McKinlay
Luke Gorrie
Floyd Wright
Zac Dowling
Cruz Perry
Sam Tipping

Junior School Update

Years 1-3 had a wonderful "Swimming Fun Day" at Memorial Pools on Wednesday. The sun was shining, and the children were smiling. The teachers were all so proud of the "can do" attitude exhibited by all the children. Lots of children pushed themselves out of their comfort zone and felt a great sense of accomplishment after participating.

A huge thank you to the parents who helped us with the organisation on the day. Another huge thank you to the parents who supported the teachers by keeping their children sitting under the shade and together with their class: it is a huge job for staff to keep all children safe and accounted for in an event such as this.

We finished our day with a play at Memorial Park, which was a fantastic way to spend time with our friends and teachers.





Senior School Swimming Results

	Year 4 Girls	Year 4 Boys	Year 5 Girls	Year 5 Boys	Year 6 Girls	Year 6 Boys	Year 7 Girls	Year 7 Boys	Year 8 Girls	Year 8 Boys
100m Freestyle										
1st			Ayssa Salmons	Archie Montgomerie	Ayla Pretly	Ben McKinlay	Mikayla McDonald	Dakota Williams-Harris	Carlie Harris	Jonathan Logger
2nd			Vivvy Gorrie	Jai Henderson		Luke Gorrie		Taylor Ross	Arneeka Gibbs	Jack Kilfoil
3rd			Levi Cox			Cruz Perry		Jaxon Henderson		Dylan Weston
1st	Chloe Tree	Blake Kilfoil	Ayssa Salmons	Archie Montgomerie	Sophie Kilfoil	Ben McKinlay	Whenua Tokona	Taylor Ross	Lucy Wright	Jonathan Logger
2nd	Carys Barclay	Aidan Pearson	Lyra Courtney	Jai Henderson	Sophia Greer	Floyd Wright	Mikayla McDonald	Dakota Williams-Harris	Carlie Harris	Jack Kilfoil
3rd	Ayssa Williams	Phoenix Ottesen	Vivvy Gorrie	Levi Townley	Portia Dawson	Cruz Perry	Alana Burling	Jaxon Henderson	Arneeka Gibbs	Jack Pope
1st			Aidan Kim	Archie Montgomerie	Ayla Pretly	Floyd Wright		Hugo Broad		Jonathan Logger
2nd			Lily Smith			Ben McKinlay				
3rd			Vivvy Gorrie			Cruz Perry				
25m Backstroke										
1st	Carys Barclay	Phoenix Ottesen	Lily Smith	Jai Henderson	Sophia Greer	Floyd Wright	Elena Baijens	Dakota Williams-Harris	Lucy Wright	Jonathan Logger
2nd	Chloe Tree	Aidan Pearson	Vivvy Gorrie	Levi Townley	Kate Hodgson	Ben McKinlay	Senna Stanley	Taylor Ross	Carlie Harris	Jack Kilfoil
3rd	Elise Burling	Blake Kilfoil	Lyra Courtney	Archie Montgomerie	Carleigh Flanigan	Cruz Perry	Sophie Graaff	Jaxon Henderson	Estelle Wright	Dylan Weston
25m Breaststroke										
1st	Elena Dell	Aidan Kim	Ayssa Salmons	Luca Pollard	Sophie Kilfoil	Ben McKinlay	Sophie Graaff	Dakota Williams-Harris	Carlie Harris	Jack Kilfoil
2nd	Chloe Tree	Phoenix Ottesen	Lyra Courtney	Max McCawe	Ayla Pretly	Floyd Wright	Elena Baijens	Taylor Ross	Arneeka Gibbs	Jonathan Logger
3rd	Carys Barclay	Blake Kilfoil	Lily Smith	Archie Montgomerie	Yaeli Cottan	Sam Tipping	Whenua Tokona	Hugo Broad	Lucy Wright	Jack Pope
100m Medley										
1st			Ayssa Salmons	Archie Montgomerie	Ayla Pretly	Ben McKinlay				Jonathan Logger
2nd			Lily Smith			Cruz Perry				
3rd			Lyra Courtney							
50m Freestyle										
1st	Maisie Kavanaugh	Logan Kavanaugh	Vivvy Gorrie	Archie Montgomerie	Sophie Kilfoil	Ben McKinlay	Alana Burling	Dakota Williams-Harris	Carlie Harris	Jonathan Logger
2nd			Ayssa Salmons	Jai Henderson	Kate Hodgson	Floyd Wright	Mikayla McDonald	Taylor Ross	Lucy Wright	Jack Kilfoil
3rd			Lily Smith	Levi Townley	Ayla Pretly	Luke Gorrie	Elena Baijens	Jaxon Henderson	Arneeka Gibbs	Dylan Weston
50m Backstroke										
1st	Maisie Kavanaugh	Logan Kavanaugh	Lily Smith	Archie Montgomerie	Sophia Greer	Ben McKinlay	Senna Stanley	Dakota Williams-Harris	Estelle Wright	Jonathan Logger
2nd			Lyra Courtney	Jai Henderson	Carleigh Flanigan	Cruz Perry	Elena Baijens	Taylor Ross	Carlie Harris	Jack Kilfoil
3rd			Ayssa Salmons	Levi Townley	Ella Ensor	Luke Gorrie	Sophie Graaff	Kyle Walters	Arneeka Gibbs	Dylan Weston
50m Breaststroke										
1st			Aidan Kim	Max McCawe	Sophie Kilfoil	Ben McKinlay	Elena Baijens	Dakota Williams-Harris	Carlie Harris	Jack Kilfoil
2nd			Lyra Courtney	Luca Pollard	Ayla Pretly	Floyd Wright	Sophie Graaff	Taylor Ross	Arneeka Gibbs	Jonathan Logger
3rd			Lily Smith	Archie Montgomerie	Cloe Burston	Zac Dowling	Mikayla McDonald	Hugo Broad	Izabella Padomka	Jack Pope

Parent Teacher Interviews

Parent teacher Interviews are coming up on the following days:

Wednesday 3 April 3 pm - 6.30 pm

Thursday 4 April 3 pm - 6.30 pm

Wednesday 10 April 3 pm - 6.30 pm (Pukeko only)

Please go to www.schoolinterviews.co.nz and enter the code beta7

If you are not sure which class your child is in, please contact the office.

Union Meeting

20 March - School finishing early

This is to confirm that there is a Paid Union Meeting for all NZEI Teacher members on March 20 at 1:30 pm, Mount Maunganui Intermediate School. Teachers are at a very important stage in collective bargaining and this our opportunity to be updated on the latest round of negotiations. The lack of progress in negotiations and settlement over the past few months is due to discussions that have been required around many aspects of resourcing and work conditions, not solely about rates of pay. For example, resourcing more time for Special Educational Needs specialist staffing in schools.

The school will therefore be closing on Wednesday March 20 at 12:30 pm. The school buses will run at this time of day.

Sport Update



Basketball

The Oropi team played the Maungatapu Shooters on Monday. It was the teams first tough game of the season with some really tall players in the Maungatapu team. Player of the day was awarded to Phoenix McHannigan who hasn't played basketball before and had a great game getting right into the action throughout the game.

Rippa Rugby

Pukeko had a great 1st game against Kaimai, the team showed good knowledge of the rules, excellent ball handling, fantastic rips and good sportsmanship. Tries today for Riley, Josh S, Daxton and Eloise, players of the day Max M and Riley. Also big shout out to the ref for her 1st time at refereeing - she did awesome.

Survey Reminder

Remember to complete the Healthy Food & Nutrition survey before Monday by clicking the link

<http://bit.ly/OropiHealthyFoodNutritionSurvey2019>

Reminders

- Please ensure the School has your current contact information. We must have your mobile number, email address and emergency contact information.
- School starts at 8.55 am.
- Children who do not use the bus can be dropped off at School from 8.10 am. Not before please.
- If your child is absent for any reasons, please contact the office by calling 5431479 option 2 and leave a message including the reason they are absent and the class they are in.
- School finishes at 2.40 pm. Children who do not use the bus must be collected before 3.10 pm.
- If your child uses the bus and you are picking them up, please ensure you contact the office BEFORE 2 pm by calling 5431479 option 1. If you collect your child on a regular basis, please notify the office. We do not carry over this information from Term 4.
- Car parking is available on the road outside the School or you can park at the Hall and walk along the path to School. Please avoid parking on the yellow lines. Please do not park in the staff car park or in the bus-turning bay at any time.
- If you have any health and safety concerns, please email healthandsafety@oropi.school.nz

Hats in Term 1 & 4



School hats are compulsory for Term 4. You can order in Kindo or call in to the office to purchase one. Available in one size at the moment. More mini sized hats will arrive at the end of Term 4.

Uniform Orders

We will be placing uniform orders with our supplier soon. If you would like to order a School jacket or hoody, please contact the office. Samples are on display in the office and images are available to view in Kindo. Jackets are \$60, Hoodies are \$65.

Kindo

To avoid office queues please go online to make payments through your mykindo account.

If you haven't used Kindo before, click this link to get started (all you need is the email address we have on record)...
<https://shop.tgcl.co.nz/shop/handshake.shtml?shop=Oropi%20School>

If you already have a mykindo account, go to www.mykindo.co.nz or via the link on our school website.

School Donation

From 2019, we are allocating funds generated from Donations received to specific projects.

In 2019 we will put this money toward the School Gully Project and Garden-to-Table Programme. Our aim is for this fund to reach \$15 000 - \$20 000.

For the past three years, this income has averaged \$11 500. If 85% of families made the donation, this fund would be in excess of \$20 000...more funds for these amazing features of Oropi School! Even though we have set the donation amount, any amount of donations received is greatly appreciated, if you cannot afford the full amount. Remember, you can claim 33% of this back through the IRD at the end of March each year. As a high decile school, we receive less operational funding per pupil than a school with a lower decile. This is why we request a donation. However, we do understand that not all families can pay a donation and this is absolutely fine. If paying by internet banking, please use Surname and DON2019 as reference.

If paid in Term One

1 child \$85.00 per year

2 children \$150 per year

3 or more children \$195 per year

School Bank Details

Preferred payment is made via Kindo. Alternatively payment can be made into the School account. Oropi School ASB 12-3440-0087772-00 - Please use your surname as a reference.

School Fees

All Term 1 bus fees, sports fees, music fees, and bus and event fees were due by 1 March. Please contact the office if you have outstanding fees.

Absences

Remember to call the office to report your child's absence.

Call 543 1479 and leave a message or email office@oropi.school.nz

We have over 320 pupils so PLEASE include the class your child is in AND the reason they are absent.

Please note - please contact the School on the day your child is away, as opposed to the week or month before. We cannot accurately track future absences in our system a day/week/month in advance unless it is a holiday planned during term time which must be advised in writing to the School.



Friday Lunch & changes for 2019



Pita Pit now on School Shop - Available Thursdays!

In 2019 you will be able to order your Pita Pit lunch through the School Shop. Just one login for every school payment. Simple and easy!

If you have funds on your existing Lunchonline account, you can request return of funds from Lunchonline and have the account closed.

However, as of 2019 you will only be able to order Pita Pit through the School Shop! You can order (or cancel) any time before 9am on the day or schedule in advance. Lunch will be delivered to the school in time for lunch.

Click the link below for the menu.

https://shop.tgcl.co.nz/shop/pdf/school/oropi_school/Menu.pdf

Orders are made online through your myKindo account. One account for the whole family! Get started now... Go to www.mykindo.co.nz to start ordering! Help? Visit support.mykindo.co.nz or tel. 0800 4KINDO (0508 454636) weekdays 8am-4pm. Please note the helpdesk will close 1 pm 20 December and will reopen again 9 January 2019.

www.mykindo.co.nz

www.ezlunch.co.nz

Garden To Table



Hola, it's Mexican week at Garden to Table! With the garden overflowing with tomatoes, courgette, cucumber, chillies, spring onions, corn and our first ever tomatillos, Te Ohanga created a Black Bean, Cucumber & Corn Salad with Salsa Verde and Baked Tortilla Chips. These recipes were off-the-charts fantastic to make and eat.

We had a clear out in the greenhouse ready for winter sowing and transplanted our Tamarillo trees. While digging we unearthed 5kg of potatoes that we did not plant! Where did they come from? Among them were these two spuds; Te Ohanga's new class mascot and its cat.



Order online by 9am
for delivery Thursday

eZlunch MENU

Oropi School / Term 1 2019



2 Taurikura Dr
Tauranga Crossing
Tauranga 3171
07-543 0547

KIDS PLAIN PETITA PITA

Kids Petita Free Range Chicken	\$5.50
Kids Petita Free Farmed Ham	\$5.50
Kids Petita Roast Beef	\$5.50
Kids Petita Chick n Fala	\$6.50
Kids Petita Garden Veggie	\$5.00
Kids Petita Falafel	\$5.50
Kids Petita Marmite	\$5.00
Kids Petita Vegemite	\$5.00

KIDS WHOLEMEAL PETITA PITA

Kids Wholemeal Petita Free Farmed Ham	\$5.50
Kids Wholemeal Petita Roast Beef	\$5.50
Kids Wholemeal Petita Chick n Fala	\$6.50
Kids Wholemeal Petita Garden Veggie	\$5.00
Kids Wholemeal Petita Falafel	\$5.50
Kids Wholemeal Petita Marmite	\$5.00
Kids Wholemeal Petita Vegemite	\$5.00

KIDS GLUTEN FREE PETITA PITA

Kids GLUTEN FREE Petita Free Range Chicken	\$7.00
Kids GLUTEN FREE Petita Free Farmed Ham	\$7.00
Kids GLUTEN FREE Petita Roast Beef	\$7.00
Kids GLUTEN FREE Petita Chick n Fala	\$8.00
Kids GLUTEN FREE Petita Garden Veggie	\$6.50
Kids GLUTEN FREE Petita Falafel	\$7.00

SIDES

Cookie Baked Chunky Chip 60g	\$2.00
Cookie Baked White Chocolate 60g	\$2.00
Brownie Chocolate Fudge	\$2.80
Pita Chips with Aioli Dipping Sauce (large)	\$3.90
Pita Chips with Aioli Dipping Sauce (small)	\$2.00

DRINKS

400ml Pump Water Sipper	\$3.20
Charlies 200ml Apple Juice	\$2.00
Charlies 200ml Blackcurrent & Apple Juice	\$2.00

We hope you are enjoying the ease of ordering your child's Pita Pit from our Kindo On-line Shop. If you have been charged a \$5 closure fee when closing your Lunch On Line account Kindo/Ezlunch have kindly offered to add funds to your account balance so you're not affected by the LunchOnline policy.

Set up your account on mykindo.co.nz (if you haven't already) then send proof (like a screenshot) of the money forfeited by LunchOnline (with your eZlunch/mykindo account email address) to hello@mykindo.co.nz. They'll get it sorted out for you.

Order online... www.ezlunch.co.nz

Easily order & pay for your eZlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to www.ezlunch.co.nz.

Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

What's on at Oropi School Term 1 2019

Week	Dates	Monday	Tuesday	Wednesday	Thursday	Friday
7	11 Mar – 15 Mar		Tennis Lessons 4 of 8	Go Girls Cricket	Leadership Camp	Leadership Camp
8	18 Mar – 22 Mar		Tennis Lessons 5 of 8	West Cluster Swimming NZEI Union Mtg 1:30pm school closes 12:30pm	Top Schools 4- 7.30pm	
9	25 Mar – 29 Mar		Tennis Lessons 6 of 8		Groups of children to meet with Mr King re Gully Ideas - Presentations	
10	1 Apr – 5 Apr		HPV 10am Tennis Lessons 7 of 8	PT Interviews	PT Interviews	Life Education
11	8 Apr – 12 Apr	Life Education	Life Education BOT Meeting Tennis Lessons 8 of 8	Life Education WBOP swimming	Life Education	Final Day of Life Education

What's on at Oropi School Term 2 2019

Week	Dates	Monday	Tuesday	Wednesday	Thursday	Friday
1	29 April – 3 May					
2	6 May – 10 May					
3	13 May – 17 May		NYLD Hamilton 9.30-2.30 BoT Mtg 4:45pm			

Roasting marshmallows



Slug guns



Yr 3/4 Ruru, Tui & Korimako camp highlights!

Abseil



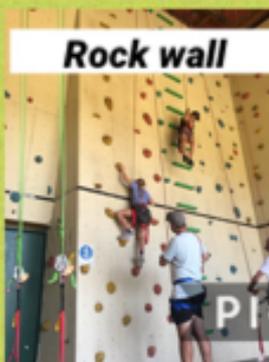
Archery



Raft building



Rock wall



Foam slide



PIC • COLLAGE



The Yummy Fruit Company Sports Gear Competition

Oropi School is participating in the Yummy Fruit Company Sports Gear Prize Pool this year. The more stickers or labels we collect, the bigger the share of the prize we get so please **HELP** us out. Collect the Yummy cut-out labels

from bags (each cut-out label is worth 10 stickers) and individual Yummy apple stickers for our school's share of the \$200,000 free DG Sport sports gear prize pool. Yummy apples are available from **New World**, **Pak'n Save** and participating **Four Square** stores. The more we collect, the more sports gear we get - so get going and start collecting your Yummy cut-out labels and stickers now!

You can print out your own sticker sheet from the website below, or bring your stickers to school to add to sticker sheets here. Please hand your completed sticker sheets to Mrs Pendergrast. Thanks for your help Oropi School!

<https://www.yummyfruit.co.nz/schools/>





futureFERNS

Register Now for MotherEarth futureFERNS

Module: Year 5 & 6 Coach Workshop

Date [s]: Wednesday 10 April 2019

Time: 6 - 8 pm

Where: Harbourside Netball Centre

Bring: Comfortable clothes, a pen & water bottle

Contact & Mobile: Tania (07) 575 9917

Please confirm attendace by emailing: ops@harboursidenetball.co.nz



futureFERNS

Register Now for MotherEarth futureFERNS

Module: Year 1 - 4 Coach Workshop

Date [s]: Monday 8 April 2019

Time: 6 - 8 pm

Where: Harbourside Netball Centre

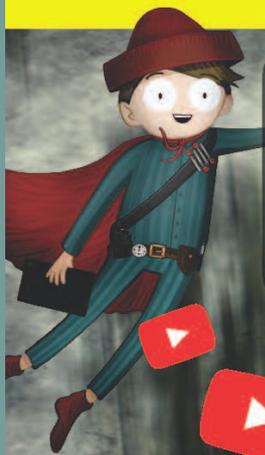
Bring: Comfortable clothes, a pen & water bottle

Contact & Mobile: Tania (07) 575 9917

Please confirm attendace by emailing:



It's important to note that new challenges are arising on the internet all the time. We have created to this guide to raise awareness of the issue and offer advice on helping parents to talk to their children about making safer decisions online. See also our '7 conversation starters' guide for more tips on better communication with your child.



Momo is a sinister 'challenge' that has been around for some time. It has recently resurfaced and once again has come to the attention of schools and children across the country. Dubbed the 'suicide killer game', Momo has been heavily linked with apps such as Facebook, WhatsApp, YouTube, and most recently (and most worryingly)... YouTube Kids. The scary doll-like figure reportedly sends graphic violent images, and asks users to partake in dangerous challenges like waking up at random hours and has even been associated with self-harm. It has been reported that the 'Momo' figure was originally created as a sculpture and featured in an art gallery in Tokyo and unrelated to the 'Momo' challenge we are hearing about in the media.

What parents need to know about **MOMO**

CHILDREN'S VIDEOS BEING 'HIJACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs', unboxing videos and Minecraft videos) have been edited by unknown sources to include violence provoking and/or other inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until partway through the video.

DISTRESSING FOR CHILDREN

Popular YouTubers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of the videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'I understand and wish to proceed'. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.



**National
Online
Safety**

Top Tips for Parents

TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and distressing for young people. Whilst this may seem obvious, it's important for you to reiterate to your child that Momo is not a real person and cannot directly harm them! Also, tell your child to not go openly searching for this content online as it may only cause more distress.

BE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and stop certain activities that your child may be involved in. As the nature of each task become progressively worse it's also important to recognise any changes in your child's behaviour.

TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you discuss it with them too. Not only will this give you an understanding of their online actions, but those honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's utmost safety. For example, on YouTube you can turn off 'suggested auto-play' on videos to stop your child from viewing content that they have not directly selected.

PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in; no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succumb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to you or another trusted adult.

REAL OR HOAX?

As a parent it is natural to feel worried about certain things you see online that may be harmful to your child. However, not everything you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around a platform's algorithm in order to share and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful as soon as you come across it. You should also block the account/content to prevent your child from viewing it. Also encourage your child to record/screenshot any content they feel could be malicious to provide evidence in order to escalate the issue to the appropriate channels.

FURTHER SUPPORT

Speak to the safeguarding lead within your child's school should you have any concerns regarding your child's online activity or malicious content that could affect them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is
0800 1111.

SOURCES:

<https://www.mirror.co.uk/news/world-news/sick-w-dead-youtube-youtube-kids-14052196>
<http://www.bbc.co.uk>
<https://www.bbc.co.uk/news/uk-northern-ireland-47359623>

