

MANDARIN, PERSIMMON, LEMON AND COCONUT TEA BISCUIT

Season: From the garden: Autumn, winter Mandarin, lemon juice, persimmon (gifted) Dessert Easy

Ingredients

Country of origin: Serves: Source: Canada 30 small biscuits acclaimhealth.ca

Equipment

Type:

Difficulty:

*chopping board and knife

*lined baking tray

*mixing bowl and spoon

*measuring cup

*2 mandarins
*1 persimmon
*2 tbsp lemon juice
*2 cups self raising flour
*110 g butter or margarine
*½ cup sugar
*1/2 cup desiccated coconut
*1 egg, beaten
*pinch of salt
*icing sugar

Method

1.preheat oven to 180 degrees

2.peel the mandarins, remove the stringy white bits and cut the mandarin in half horizontally

3.separate the segments and set aside

4.cut the persimmon into slices and then into small cubes

5.measure the flour, coconut, sugar and salt into a bowl

6.cut the butter into small pieces and rub it into the dry ingredients

7.add the beaten egg, mandarin segments, persimmon cubes and lemon juice and mix until combined

8.drop around 1 tbsp of the mixture on a lined baking sheet and flatten slightly. Make sure all the biscuits contain some of the mandarin. Keep on going until the mixture is finished. Give the biscuits a bit of space to spread

9.bake for around 15 minutes until slightly golden

10.dust with icing sugar before serving

Skills: measuring, slicing, mixing