

CITRUS TART

Season:

Winter

From the garden:

Mandarins, lemons, eggs

Type:

Dessert

Difficulty:

Easy

Country of origin:

France

Serves:

1 ½ tarts, 30 tastes

Source:

Andrea Habacht, GTT kitchen specialist, Oropi school

Equipment

Ingredients

Filling:

*chopping board and knife

*4 lemons

*citrus juicer and zester

*4 mandarins

*food processor

*1 cup sugar

*measuring cup and spoons

*3 tbsp cornflour

*spatula

*5 eggs

*tart tin

*scales

Base:

*small bowl

*185g butter or margarine

*1 ½ cup plain flour

*1/4 cup icing sugar

Method

1.preheat oven to 180 degrees

2.add the flour, butter and icing sugar for the base into the food processor and process until it forms a ball. Add a tiny bit of water if too dry

- 3.take the dough out of the food processor bowl and place in the fridge to rest for around 20 min.
- 4.while the dough is resting, make the filling:
- 5.zest the lemon and then cut it in half and squeeze out the juice. We need 1/2 of a cup
- 6. juice the mandarins, we need a 1/4 of a cup
- 7.break the eggs into a bowl
- 8.wash and dry the food processor bowl
- 9.add all the ingredients for the filling into the food processor bowl and blitz until well combined
- 10.take the dough out of the fridge and press it into the tart tins. Make sure there is an even thickness
- 11. pour the citrus filling on top of the base and place the tarts into the oven to bake for around 25 minutes until set

Notes: Any mixture of citrus can be used

Skills: zesting, juicing, measuring, using a food processor