

BEETROOT AND CHOCOLATE CAKE

Season:

Any

From the garden:

Beetroot, eggs

Type:

Dessert

Difficulty:

Easy

Country of origin:

Serves:

30 tastes

Source:

Andrea Habacht, GTT kitchen specialist Oropi school

Equipment

Ingredients

*food processor

*2 medium, cooked beetroot

*mixing bowl and spoon

*2 eggs

*measuring cup and spoons

*3/4 cup vegetable oil

*spatula

*1 cup sugar

*cake tin

*1 tsp vanilla essence

*½ tsp salt

*1 1/4 cup self raising flour

*1/2 tsp baking soda

*1/3 cup coco

*icing sugar for dusting

Method

1.preheat oven to 180 degrees

2.place the cooked beetroot and oil in the food processor bowl and process until smooth

3.add the eggs and process until well combined

4.scrape the mixture into a bowl and measure in the rest of the ingredients, gently mix until combined

5.transfer the mixture into a cake tin and place into the oven. Baking time will depend on the depth of your cake tin. Test with a skewer, it should come out clean

6.dust cake with icing sugar

Note: The beetroot can be boiled, steamed or roasted (wrapped in foil)

Skills: measuring, mixing, using a food processor