

GARLICKY POTATO, RADISH AND CHICKPEA TRAY BAKE

Season: From the garden:

Type:

Difficulty:

autumn, winter, spring potatoes, radish, fresh herbs, garlic lunch, dinner easy

Country of origin: Serves: Source:

6 serves or 35 tastes www.theveganlarder.com

Equipment *colander	Ingredients *600g potatoes
*chopping board	*bunch of radishes
*knive	*1 ½ can chickpeas
*can opener	*1 head of garlic
*roasting tray	*1 tsp dried oregano
*measuring spoons	*1 tsp dried thyme
*bowls	*1 fresh chilli or ½ tsp chilli powder
	*1 tsp salt
	*2 tbsp olive oil
	*handful of fresh herbs (we are using parsley)

1. preheat oven to 230 degrees

2. wash potatoes and put in a colander to drain

3.cut the bigger ones into 2cm by 2cm big cubes or leave whole if they are very small

4.open the cans of chickpeas, drain and wash

5. top and tail the radishes, cut them in half or quarters if big

6. break the garlic head apart and peel the cloves. ok to leave some peel on them

7. split the chilli (if using fresh) in half, scrape out seeds and cut in small pieces. wash hands afterwards.

8. put potatoes, chickpeas, radishes, salt, thyme, oregano, garlic, chilli and oil in the baking tray and mix well.

9. put in the oven and roast for 20 minutes. after 20 minutes give it a stir and return for another 10 minutes if necessary

10. mix in the herbs after you have removed the tray bake from the oven

Notes: *if pressed for time, the potatoes could be pre cooked in the microwave to reduce roasting time.*

Skills: cutting, measuring