

APPLE, FEIJOA AND RHUBARB CRUMBLE

Season:

Anytime

From the garden:

Feijoa (frozen), apple (frozen), rhubarb

Type:

Dessert

Difficulty:

Easy

Country of origin:

England

Serves:

6 serves or 30 tastes

Source:

Andea Habacht, GTT specialist, Oropi school

Equipment

Ingredients

*chopping board and knife

*200 g feijoa pulp

*500 g apple (peeled and chopped)

*bowls

*4 stalks rhubarb

*baking tray

*3 tbsp liquid honey

*measuring cup and spoons

*½ cup sugar

*baking dish

*1 cup plain flour

*1 cup rolled oats

*1/2 cup desiccated coconut

*150 g butter or margarine

*1 tsp baking powder

*1 tsp cinnamon

*pinch of salt

Method

1.preheat oven to 180 degrees

2.cut defrosted apples into bite size pieces

3.wash rhubarb and cut into 3 cm long pieces

4.place the rhubarb on a baking tray, drizzle with honey and bake in the oven until tender but not falling apart (about 10 minutes)

5.to make the crumble, place the flour, oats, coconut, baking powder, cinnamon and salt into a bowl and add the butter or margarine in small pieces

6.rub the butter into the dry ingredients until they resemble breadcrumbs

7.place the feijoas, apple pieces and rhubarb into a baking dish and top with the crumble mixture

8.bake for around 30 minutes until golden

Skills: measuring, chopping, mixing