

BRUSCHETTA

Season: Summer

From the garden: tomato, basil, garlic, spring onion

Type: starter

Difficulty: easy

Equipment

- Chopping boards
- Chopping knives
- Mixing bowl

Ingredients

- 2kg fresh tomatoes any kind
- 1 handful of basil
- 4 spring onions
- Salt and pepper
- 2-3 loaves of bread
- 6 garlic cloves
- Olive oil for drizzling

Method

- 1. Wash and dice tomatoes (cut into small square pieces)
- 2. Wash, dry and tear basil leaves into pieces.
- 3. Wash spring onion, slice off and discard the base and green tops. Finely slice.
- 4. Gently mix tomato, basil, spring onion with a drizzle of olive oil, salt and pepper in a bowl. Check the taste and add more salt/pepper if needed. Leave for flavours to mix.
- 5. Toast or grill the slices of bread, then cut in half if they are large. Peel a clove of garlic and rub it lightly over the warm toasted bread.
- 6. Pile tomato mixture on top of bread just before you are ready to serve it, not too early or the bread will get soggy.

Notes:

- "Bruschetta" (pronounced brew-sketta) comes from Italy and describes bread toasted over coals with oils and other toppings.
- You can add your favourite herbs, meats, sauces or cheeses as toppings.