

MANDARIN UPSIDE DOWN CAKE

Season:

Winter

From the garden:

Mandarins

Type:

Dessert

Difficulty:

Easy

Country of origin:

Serves:

30 tastes

Source:

Andrea Habacht, GTT kitchen specialist, Oropi school

Equipment

* chopping board and knife

*mixing bowls and spoon

*measuring cups and spoons

*spatula

*round or square cake tin, lined

*citrus zester and juicer

*whisk

Ingredients

*6-8 mandarins

*2 tbsp margarine

*2 tbsp sugar

*1/2 cup milk + 1 tsp white vinegar

*1 tsp vanilla extract

*1/4 cup orange or mandarin juice

*1 tbsp mandarin zest

*1 egg

*¹/₃ cup vegetable oil

*1 3/4 cup self raising flour

*3/4 cup sugar

* pinch of salt

Method

1.preheat oven to 180 degrees

2.rub the margarine into the cake tin and sprinkle with the 2 tbsp sugar

3.grate 1 tbsp of zest of the mandarins, then peel the mandarins and remove as much of the white pit as possible

4.cut each mandarin in half horizontally and lay them cut side down in the cake tin. Fill any gaps with smaller pieces or segments

5.for the cake batter, add the vinegar into the milk and stir, then add the oil, lightly beaten egg, juice, zest and vanilla extract and mix

6.combine the flour with the sugar and salt in another bowl and gently mix it with the wet ingredients until just combined

7. pour the batter over the mandarin slices

8.give the tin a little tap on the kitchen counter to remove any air pockets

9.bake the cake for around 25-30 minutes until firm to the touch and golden brown

10.let the cake cool for 10 minutes before placing a chopping board over the tin and turning the cake out upside down

Skills: measuring, slicing, mixing, zesting, juicing